



KU-RING-GAI CHASE CATHOLIC PARISH

Diocese of Broken Bay

4 August 2024 ~ Year B

18th Sunday in Ordinary Time



Seek God,
Find God,
Embrace God in Jesus'

Our Mission Statement:

'Help others to recognise, through their experiences, that Jesus who died and is risen is the truth that lights up their lives'.

Our Vision Statement:

'That the parishioners of Ku-ring-gai Chase Catholic Parish grow as missionary disciples and live as community in Christ inviting all people into our Parish, welcoming them to our Parish life and embracing the rich diversity of our community'.

Entrance Antiphon: O God, come to my assistance; O Lord, make haste to help me! You are my rescuer, my help; O Lord, do not delay.

Communion Antiphon: You have given us, O Lord, bread from heaven, endowed with all delights and sweetness in every taste.

WEEKEND MASSES

Saturday	5pm	St Bernard's
	6pm	St Patrick's
Sunday	8am	St Patrick's
	9am	St Bernard's
	10am	St Patrick's
	6pm	St Patrick's

WEEKDAY MASSES

St Patrick's, Asquith

8am Wednesday and Friday
9am Mon, Tues, Thurs, Saturday

St Bernard's Berowra Heights

8am Thursday
9.15am Wednesday and Friday
(except 1st Friday of the month when Mass is at 11.30am @ St Bernard's)

RECONCILIATION

Saturday After 9am Mass St Patrick's
Friday After 9.15am Mass St Bernard's

(Out of office hours **URGENT** only)

Emergency sick calls

0468 341 841

HOSPITAL ADMISSION:

If admitted to hospital, please write down your religion as Catholic to receive Catholic Services. *Please, call the office if you would like our own priests to visit you in hospital.*

PASTORAL CENTRE (Parish Office)

Opening Hours: 9am –3.30pm, Mon-Fri

Phone: (02) 9456 2450

Website: www.bbcatholic.org.au/kccp

Email: parishkccp@bbcatholic.org.au

1-19 Woodcourt Rd, Berowra Heights 2082 /

P.O. Box 335, Berowra Heights NSW 2082

Parish Priest: Rev Dr Biju Jose, OSH

Assistant Priest: Fr Joy Thomas, OSH

Parish Secretary: Margaret Cooper

Admin Assistant: Catherine Hutchison

Parish Bookkeeper: Karen Price

Vol. Office Assistant: Jan Favaloro

Vol. Sacramental Team: Peta & Phill

(Email: kccpsacraments@gmail.com)

Who can satisfy human appetites?

© Fr Michael Tate

As you know, the Bedouins wander through the desert regions greatly depending on what they come across for food.

There is a type of tamarisk tree which grows in those regions and from it a honey-like substance exudes and drops to the ground. It perishes quickly but if gathered early it gives a wonderful boost to energy short-term. The Bedouin word for this is: **'mann'**.

Notice how close this is to **'manna'**. The Jewish people wandering in the desert were desperate with hunger and close to starvation. Next morning, manna!

So, perhaps, the manna was a natural phenomenon, like the quails that had come up into the camp the evening before. Nevertheless, both were an expression of Divine Providence in a perilous situation. It was indeed **'manna from heaven'**.

God had satisfied their craving, their appetite for food.

Appetites are good things. Sometimes in Catholic history they have been regarded as something to be suppressed, but actually they tell us what we need as human beings.

Our appetite for food and drink is a good thing and must be satisfied or our bodies will collapse through malnutrition.

Our appetite for affection and acceptance is a good thing and must be satisfied or we disintegrate socially. If we are fortunate, we will find companionship which satisfies that appetite.

The universal appetite for knowing where we are in the Big Picture of the universe is a good thing. Human beings have a desire to know the truth about Reality.

We ask, indeed is there a Big Picture? Who is the artist painting the Big Picture? What sort of work of art am I? Does this creative artist regard me as a unique work of art which is cherished enough to survive the apparent dissolution of death?

All these appetites, bodily, social and spiritual, need to be satisfied if we are to be fully human.

Our Lord Jesus Christ proclaims in today's Gospel that he is the satisfaction of our deepest human appetites. Jesus says: **'I am not like the manna which ordinarily perishes overnight. I am not like the manna of the ancient Jewish people given to them alone. I am the Bread from Heaven which gives life to the world.'**

'To the world', not to some particular tribe of human beings, but to the whole of humanity, indeed to the whole of creation. And the **life** is nothing less than participation in Divine Life: eternal life.

'I am the one who can nourish the world with Divine Life.'

'I am the one who can fulfil the human desire to exist in creation in the way God intended.'

There are hundreds upon hundreds of people and organisations claiming that they can satisfy our hungers and thirsts as human beings.

You and I are challenged to take a stand (and a risk, because that is what faith is) and agree with the Gospel when it says that this itinerant Jewish preacher and healer is indeed

'the Bread of God who comes down from heaven and gives life to the world.'

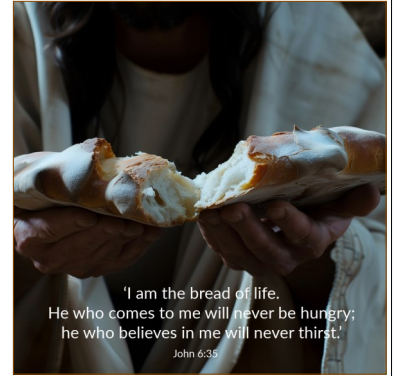
Jesus Christ is the One, the only One, who can satisfy the real deep down hunger which each one of us has, the hunger for life beyond the seeming extinction of death.

We Catholic Christians make another profound act of faith at our Mass today.

The bread which is brought up at the Offertory: **'fruit of the earth and work of human hands'**, after invoking the Holy Spirit and speaking the words of consecration, is no longer short term food like the manna in the desert. It becomes for **us** the Bread of Life.

But, more than that, St Paul says in Romans that the whole of creation is yearning to share in the resurrection life of Christ in a way beyond our imagining. This Heavenly Bread which we receive in holy communion with our Risen Lord is the effective start of the process of transformation of the whole cosmos.

So at every Mass, let us celebrate that we are in the Real Presence of the One who gives life **to the world**.



LIMITED PARKING!
Sundays only
 in SPA school grounds

- Entry/Exit by vehicle and foot is via Royston Pde **ONLY**.



Pope's intention for August:
For Political Leaders.

We pray that political leaders be at the service of their own people, working for integral human development and for the common good, especially caring for the poor and those who have lost their jobs.

THIS WEEK'S READINGS

Ordinary Time ~ Year B
Monday 05/08

Jer 28:1-17; Mt 14:13-21

Tuesday 06/08 ~ Feast

The Transfiguration of the Lord
 Dan 7:9-10, 13-14; Mk 9:2-10

Wednesday 07/08

Jer 31:1-7; Mt 15:21-28

Thursday 08/08 ~ Solemnity

St Mary of the Cross

MacKillop, virgin

1Kg 17:8-16; Col 3:12-17;

Mt 6:25-34

Friday 09/08

Nahum 2:1, 3; 3:1-3, 6-7;

Mt 16:24-28

Saturday 10/08 ~ Feast

St Lawrence, deacon, martyr

2 Cor 9:6-10; Jn 12:24-26

Ku-ring-gai Chase Parish
 Remembers & Prayers for...

RECENTLY DECEASED:

Bishop Kevin M Manning DD,

Marie Haag, Rex D'Souza,

Belen Joson, Sue Simmons

ANNIVERSARY:

Pastor Alvarado, Gary Simpson,

Christin Simpson

PRAYERS FOR THE SICK: Ruth

Carlos, Grace Italiano, Leanne Scott,

Ann Leslie, Barry Cox, Millie Wong,

Vince Hughes, Sosefo Ali, Cita Del Rio,

Fiona Loughland, Pat Bowden, Bill

Holmes, Isabel Henson, Chris Enright,

Mary Mathew, Chichi Datoc, Mary

Burns, Philomena D'Souza, Rey

Hilario, Georgina Hughes, Patrick

Dorahy, Roger Okell, John Cosgrove

(Snr), Rosemary Pendlebury-Grainger.

Series 2: We're 2 from 2!

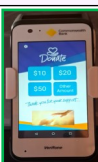
Week 2 ~ 29/07/24

Winning #: 741

Amount: \$25.00

Winner:

Nicholette Steptoe



Use our Smart Terminals to Tap 'n' Go

In fact, your 'Tap' is vital in helping the parish to 'Go'

Your donations help to pay for regular parish expenses, eg Hosts, electricity, water, etc.

Readings

First Reading Exodus 16:2-4, 12-15

The whole community of the sons of Israel began to complain against Moses and Aaron in the wilderness and said to them, 'Why did we not die at the Lord's hand in the land of Egypt, when we were able to sit down to pans of meat and could eat bread to our hearts content! As it is, you have brought us to this wilderness to starve this whole company to death!'

Then the Lord said to Moses, 'Now I will rain down bread for you from the heavens. Each day the people are to go out and gather the day's portion; I propose to test them this way to see whether they will follow my law or not.'

'I have heard the complaints of the sons of Israel. Say this to them, "Between the two evenings you shall eat meat, and in the morning you shall have bread to your hearts content. Then you will learn that I, the Lord, am your God.'" And so it came about: quails flew up in the evening, and they covered the camp; in the morning there was a coating of dew all round the camp. When the coating of dew lifted, there on the surface of the desert was a thing delicate, powdery, as fine as hoarfrost on the ground. When they saw this, the sons of Israel said to one another, 'What is that?' not knowing what it was. 'That' said Moses to them 'is the bread the Lord gives you to eat.'

The Word of the Lord All: Thanks be to God

Responsorial Psalm

(R) The Lord gave them bread from heaven.

1. The things we have heard and understood, the things our fathers have told us, we will tell to the next generation: the glories of the Lord and his might. **(R)**
2. He commanded the clouds above and opened the gates of heaven. He rained down manna for their food, and gave them bread from heaven. **(R)**
3. Mere men ate the bread of angels. He sent them abundance of food. He brought them to his holy land, to the mountain which his right hand had won. **(R)**

Second Reading Ephesians 4:17, 20-24

I want to urge you in the name of the Lord, not to go on living the aimless kind of life that pagans live. Now that is hardly the way you have learnt from Christ, unless you failed to hear him properly when you were taught what the truth is in Jesus. You must give up your old way of life; you must put aside your old self, which gets corrupted by following illusory desires. Your mind must

be renewed by a spiritual revolution so that you can put on the new self that has been created in God's way, in the goodness and holiness of the truth.

The Word of the Lord All: Thanks be to God
Gospel Acclamation

Alleluia, alleluia! No one lives on bread alone, but on every word that comes from the mouth of God. Alleluia!



Gospel

John 6:24-35

When the people saw that neither Jesus nor his disciples were

there, they got into boats and crossed to Capernaum to look for Jesus. When they found him on the other side, they said to him, 'Rabbi, when did you come here?' Jesus answered:

'I tell you most solemnly, you are not looking for me because you have seen the signs but because you had all the bread you wanted to eat. Do not work for food that cannot last, but work for food that endures to eternal life, the kind of food the Son of Man is offering you, for on him the Father, God himself, has set his seal.'

Then they said to him, 'What must we do if we are to do the works that God wants?' Jesus gave them this answer, 'This is working for God: you must believe in the one he has sent.' So they said, 'What sign will you give to show us that we should believe in you? What work will you do? Our fathers had manna to eat in the desert; as scripture says: He gave them bread from heaven to eat.'

Jesus answered:

'I tell you most solemnly, it was not Moses who gave you bread from heaven, it is my Father who gives you the bread from heaven, the true bread; for the bread of God is that which comes down from heaven and gives life to the world.'

'Sir,' they said 'give us that bread always.'

Jesus answered:

'I am the bread of life. He who comes to me will never be hungry; he who believes in me will never thirst.'

The Gospel of the Lord

All: Praise to you Lord Jesus Christ.

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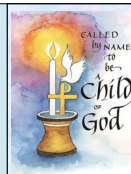
In his Message for the **World Day of Prayer for Vocations 2024**, Pope Francis reflects on the theme of Hope and Peace and the courage to commit. **Pope Francis also calls everyone, especially young people, to rise up and courageously embrace their vocations, becoming messengers of joy and builders of fraternity and peace.**

National Vocation Awareness Week serves as a reminder to remain open to the workings of the Holy Spirit in our lives. We must renew our commitment to praying for everyone who is considering a vocation and be intentional in supporting those around us who are exploring this divine calling. **Prayer for Vocations to The Priesthood:** Send your Holy Spirit upon us, O Lord, that we may be holy. In your mercy, guard and strengthen us to be disciples who witness to the Good News of Jesus. Call forth from our community of the Church generous and loving shepherds after your own heart. May they be zealous preachers of the Word; faithful teachers of the Truth; and devoted servants at the Altar. Fill their hearts with love for you and your creation; open their minds to a lifetime of learning; and make them humble servants of your holy people. For you, O God, are kind and merciful, and to you we offer glory, in your holy Church, now and forever. Amen.



MASS TIMES for the SOLEMNITY of the ASSUMPTION of the BLESSED VIRGIN MARY
Thursday 15 August 2024

- ✚ **St Bernard's Berowra Heights ~ 9.15am Parish and Whole School Mass ~ all welcome**
(NB: There is no 8am Mass at St Bernard's on this day)
- ✚ **St Patrick's Asquith ~ 9am Parish and Whole School Mass ~ all welcome**
- ✚ **St Patrick's Asquith ~ 7pm Parish Mass ~ all welcome**



Welcome to our Faith Family

Baptism congratulations to

Jake Peter Flanagan

who is to be baptised this weekend.
Please keep him, his parents & Godparents in your prayers.

ATTENTION

Number 45 Planned Giving Envelope. **Are you the mystery holder ?**

Please contact the parish office asap on 9456 2450 or E: parishkccp@bbcatholic.org.au

We know you are out there as you have placed your envelope on the plate for the last 3 weeks running! Thanks :)

NEW KCCP YOUTH MASS & YOUTH GROUP JOIN US THIS SUNDAY 4 AUGUST @ ST PATRICK'S ASQUITH



We are starting up a new Youth Mass on the first Sunday of each month, followed by a Youth Group!

All youth from Year 9 to young adult (23yo) are invited to come to the **6pm Mass at St Patrick's THIS Sunday, 4 August 2024,**

where the youth will be leading the music and assisting with the ministries. This will be followed by a Youth Group meeting in the school hall from 7-8.30pm. We will have food (pizza), games, music, social time as well as a short video for discussion and finish up with a prayer.

All youth are warmly invited – please bring a friend! Parents and grandparents might like to encourage their young ones to try it out. To get involved or for more information, please email Dn Adrian at adrian.gomez@dbb.org.au

WELCOME BACK



Fr Biju is back with us from his short break to catch up with treasured friends in Austria.

We missed you Fr Biju and are happy to have you back with us, where you belong.

(NB: Our weekday Mass schedule returns to normal from tomorrow)

Refugee Sunday



Save the Date: Refugee Sunday 29 September 2024

Your Pastoral Parish Council is organising a multicultural day to celebrate all the different ethnic cultures here in our community. We envisage a day of celebrating the different backgrounds through food, dance and costume and we would love for you all to participate and come celebrate with us. If you would like to help us by getting your group together I would love to meet with you all to answer any questions and to plan together.

Some of the cultures I am aware of are: Australians, Samoans, Indian, Filipinos, Malaysians, Africans, South Americans, Tongans, Thai, Chinese, Korean, South African, Vietnamese, Irish, English,yet, I am positive there are more groups I am not aware of and I would like to touch base with as many cultures as possible. It is hoped this event will increase the community spirit within our parish by celebrating diversity in faith across the globe and as a bonus, we also hope to raise some much needed funds for our youth activities. I look forward to your help and cooperation, Moauli Griffiths (PPC Vice Chair) 0451 664 592.

Save the Date:

29 September 2024

MULTICULTURAL FOOD FESTIVAL



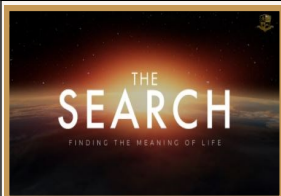
St Mary of the Cross MacKillop Feast Day Celebration 8 August 2024

Mary MacKillop Place, 80 William St, North Sydney

Mass: 8am Chapel; 10am & 1pm
Glen Roy Green (bring a hat);
6pm Chapel;

Please note:

10am Mass will be livestreamed via:
www.marymackillopplace.org.au



The Search

is a video-based program designed to enkindle wonder as it takes people on a journey through life's enduring questions!

This is a 7 session series exploring life and faith for Christians old and new to our faith!

Beginning on **15 August at Asquith,** details will follow soon.

Enquiries to Sue on 0400 300 598.

"It takes a parish to raise a Christian"



The Adult Christian Initiation team will be hosting a welcome gathering for new members of our community on

Day: Thursday; **Date:** 8 August 2024
Time: 7:30pm; **Venue:** Parish Meeting Room (in the grounds of St Patrick's School), Asquith.

Please join us.

A similar meeting will be held at Berowra in the coming weeks! Enquiries to Sue on 0400 300 598.



Today is National Aboriginal and Torres Strait Islander Children's Day

Today all Australians come together and celebrate Aboriginal and Torres Strait Islander children, as well as learn about the crucial impact that community, culture and family play in their lives.

This year's theme is **"Strong in Culture, Stronger Together"** and emphasises the need to work together to support Aboriginal and Torres Strait Islander children and their connection to community and culture. For more info. visit the SNAICC website via the following link : <https://www.snaicc.org.au/our-work/campaigns/childrens-day>



Wayanad Landslide Disaster, Kerala, India ~ From lush green slopes and tea plantations to utter devastation. Last Tuesday, in the Indian State of Kerala, where your OSH Priests come from, and in **my own home district of Wayanad,** 100's of people were struck by a series of landslides in the early hours of the morning whilst many were sleeping. More than 200mm of rain fell in the area on Monday with a further 372mm falling on Tuesday - a total of 572mm in just 48 hours!

277 are confirmed dead, many injured, 240 are still missing after their homes were washed away. They have nothing left - no property, no livelihood or basic necessities. Please keep all who have been impacted by this devastation in your prayers. **Fr Joy.**

Children's Choir @ St Patrick's

Our parish congratulates all those members of the Choir who have recently completed cantor training and are now fully-trained young cantors! We look forward to seeing you take up your mission, singing the responsorial psalm at Masses over the next few months - look out for some new faces and new voices! Children's Choir sings at 10am Mass on 2nd and 4th Sundays of each month, and practises from 4 to 5pm every Friday during school terms in St Patrick's church. New members from Year 3 and up and from any school are welcome at any time. Contact Patricia Smith 9482 7935

	St Bernard's Church		St Patrick's Church			
	5.00pm	9.00am	6.00pm	8.00am	10.00am	6.00pm
Acolyte / Snr Server	Justin Berry	Barbara McMullen	Sue Lum	Phil Daidone	David Massa	Robert Pesavento
Altar Servers Altar Servers	Sub requested Sub requested	Sophia Cottrell Miranda Tablizo	Volunteer now Volunteer now	Volunteer now Volunteer now	Oscar Braga Thomas Clarke	Volunteer now Volunteer now
Reader (1)	Sophia Smith	Peta Tonkin	Paul Worthington	Michael Halliday	Elizabeth Fernandes	Les Fogden
Reader (2)	Donna Machado	Freya Tonkin	Penny Loughland	Jim Fitzgerald	David De-Fina	Sub requested
Sacristy/Cleaning/Flowers	Marcia Wood, Gwen Wood, Elaine Maatouk Cecilia Waite (f), Anne Bourke (s)		Scott Smith, Anastasia Smith (help always needed & appreciated)			
Maintenance	Team A & B -(help always needed & appreciated)		August - Luke Massa, David Mooney -(help always needed & appreciated)			

Working in a child-related ministry in the Catholic Diocese of Broken Bay: Paid and volunteer workers who have direct face to face contact with children (under 18 years) are required by law to obtain a Working with Children Check number. Please note though, exemptions may apply in some cases. The Parish is the employer of the paid or volunteer worker and therefore is required by law to verify the Working with Children Check number. All paid or volunteer workers engaged in a child-related role must have a clear Working with Children Check to work in a child-related ministry. This disclosure references the legislation, *Child Protection (Working with Children) Act 2012*.

Wills, Enduring Guardianship and Powers of Attorney



Free Seminar & Morning Tea

**Do you have a Will or need it updated?
Do you know what Enduring Guardianship is,
or want to know more about Bequests?**

The Diocese is hosting a 'Free Seminar and Morning Tea' to answer all your questions with lawyer and our very own KCCP parishioner.

**Cecilia Castle on Tuesday, 20 August 2024
(10.30am to 12.30pm)
at The Epping Club, Epping.**

To know more,
please send an email to events@bbccatholic.org.au



**Presenter
Cecilia Castle**

Principal of Castle Lawyers, will present and answer questions from her legal expertise of over

35 years. Cecilia is a regular speaker and writer on legal topics, and a parishioner in the Diocese of Broken Bay.

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